Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah VOLUME 8 – ISSUE 2 – 1st June 2014

SEN Sports Project Starts

On Tuesday 13th May 2014 at the Mile End 7 a side pitch, Vallance launched their summer 2014 SEN Sports programme. Around 40 people with different forms of disability attended the sports training session. Participants were taking part in Tennis, Cricket, Rounders and Football. This programme will run for 8 weeks with a SEN Sports day at the Mile End stadium on June 24th 2014.



Holiday Excitement

During the May 2014 half term holiday, Vallance CSA delivered a week of activities. Funded by the **Tower Hamlets PAYP** (*Positive Activities for Young People*) there was activities which included five days Sports coaching, IT Level 1 workshop, Healthy Living workshop and trips to the cinema and bowling. Around 35 young people aged 9-19 took part.





- Players of the Month
- JPF achievement award
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https://twitter.com/vallancefc

<u>Football during</u> <u>Ramadan</u>

Football training at Weavers Field on Saturdays from 2-4pm will continue as normal during the month of Ramadan (June 28th-July 29th 2014).

Vallance FC – Player profile



Name: Age: Favourite football team: Favourite player: School Attended: Favourite subject: Favourite food: Shahriyar Islam 15 Arsenal Kieran Gibbs Morpeth Secondary School Maths Lettuce

- 1. What team do you play for? Vallance FC U16
- 2. What position do you play? Right Wing
- 3. Do you like training with vallance? Yes
- 4. What do you want to do after school? Become A Finance Manager

Players of the Month

May 2014



Under 7 Faizan Chowdhury



Under 11 Hamzah Ali



Under 8 Zakariah Shahid



Under 12 Rayhan Islam



Under 10 Zain Aziz



Under 16 Eli Brown

Jack Petchey Foundation Achievement Award

Eli Brown aged 16 has been awarded the *Jack Petchey Foundation* Achievement Award for May 2014 because of his hard work and commitment in training and games.



Triumph for ELE Teams

On Sunday 11th May 2014 both Vallance teams in the ELE *(East London & Essex Junior Football League)* triumphed. Vallance U10 won their final league game 10-0 against Eclipse U10 and in doing so won the U10 Blue division league. This is a great feat for this team who are playing competitive games for the first time. They also are competing in the regional finals at Leicester near the end of June.

Vallance U12 made it to the Final of the ELE U12 Red division Cup. In the quarter final they beat Rap Aid 2-1. In the semi-final they played Prostar U12 and drew 1-1. The game went to penalties and Vallance won 4-3.

Both Vallance U10 & U12 will be competing the ELE cup finals on Sunday 8th June at the London Soccer Dome in Greenwich.



Vallance U12



Vallance U10

Unlucky Boys

On Wednesday 28th May 2014 Vallance FC U14 and U16 took part in the **London Youth Football Festival** at the Shoreditch Power League pitches. This 5 a side tournament takes part every half term holiday and this is the second time Vallance are taking part. Vallance U14 did not make it out the group stages but Vallance U16 made it all the way to the final and eventually lost 5-4 to Copenhagen U16.



Results

SATURDAY 11th MAY 2014 Tower Hamlets Youth League: Vallance U16-1 vs Newark Youth A U16-1 Vallance U12 A-14 vs Abohani U12-0 Vallance U10 A-14 vs Abohani U10-0 Vallance U10 A-14 vs Osmani U10-0

SATURDAY 18th MAY 2014 Tower Hamlets Youth League: Vallance U16- 6 vs SOUL FC U16- 3 Vallance U12 A- 4 vs SOUL Youth U12- 4 Vallance U10 A- 8 vs Arbour U10- 4

SATURDAY 24th MAY 2014 Tower Hamlets Youth League: Vallance U16- 4 vs Manor FC U16- 3 Vallance U12 A- 12 vs Bromley by Bow U12- 0 Vallance U10 A- 20 vs Osmani U10- 0 Vallance U10 B- 1 vs Newark U10- 8

SATURDAY 31st MAY 2014 Tower Hamlets Youth League: Vallance U16-7 vs Bow Juniors U16-2 Vallance U12 A-9 vs Vallance U12 B-3 Vallance U10 A-6 vs SOUL FC U10-3 Vallance U10 B-8 vs SYA U10-1 SUNDAY 4th MAY 2014 BFA Summer league 2014 3rd Division: Vallance Youth- 8 vs IFE Tower Hamlets- 1 East London & Essex Junior Football League: Vallance U12- 3 vs Aldersbrook Red U12- 0

SUNDAY 12th MAY 2014 BFA Summer league 2014 3rd Division: Vallance Youth- 2 vs Al Mizan- 0 East London & Essex Junior Football League: Vallance U10- 10 vs Eclipse Youth Red U10- 0 East London & Essex Junior Football U12 Cup: Qtr Final-Vallance U12- 2 vs Rap Aid U12- 1 Semi-Final-Vallance U12- 1 vs Prostar U12- 1 (Vallance win 4-3 on penalties)

SUNDAY 19th MAY 2014 BFA Summer league 2014 3rd Division: Vallance Youth- 1 vs Aberfeldy- 4 East London & Essex Junior Football U10 Cup: Qtr Final-Vallance U10- 4 vs Hackney Downs U10- 4 (Vallance win 4-1 on penalties)

<u>SUNDAY 25th MAY 2014</u> **BFA Summer league 2014 3rd Division:** Vallance Youth- 5 vs SYA C- 1

Volunteers Wanted

Are you aged 16-25 and not in education or working?

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin: info@vallancecsa.co.uk



Vallance CSA Funders & Sponsors



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.

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