

# Vallance Community Sports Association

NEWSLETTER by Muhibur Rahman/Yusuf Uddin Designed by Shamim Miah

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## The William Wates Memorial Trust

The William Wates Memorial Trust exists to celebrate the life of William Wates who was tragically killed when travelling in South America. The Trust is supporting Vallance Community Sports Association with a grant for their V. Leaders project - a sport based volunteers programme. The aim of the project is to both recruit and train existing volunteers (male and female) so they can deliver a range of activities ranging from football to kick boxing in a secure and culturally sensitive environment. This will help educate young people to play a positive role in society and give them a chance to share their life experience and work towards the greater good of the community. The reason The William Wates Memorial Trust chose to support Vallance is because it targets some of the most hard to reach and influential young people and enables personal development, inspiring them towards making a positive change. They also really liked the idea that the program of work will be devised by young people themselves.

To find out more about the William Wates Memorial Trust visit [www.wwmt.org](http://www.wwmt.org) and for all the latest updates find them on Facebook - williamwatesmemorialtrust'



## Coats for Coaches

Vallance FC coaches are looking good in their new winter coats which are very handy in the recent cold weather. Baraka Eatery restaurant in Whitechapel Road which caters for Halal food were very generous and paid for all the coats for 15 Vallance FC coaches.

Details for restaurant: Tel: 0207 426 0550 email: [info@barakaeatery.co.uk](mailto:info@barakaeatery.co.uk)



CHARTER STANDARD  
CLUB



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<https://twitter.com/vallancefc>

## Vallance FC Training Times

- Vallance FC –  
Thurs, 7pm-8.30pm. Mile End  
11-a-side Astroturf pitch
- Vallance U16, U14, U12 –  
Fri, 5.30pm – 7pm Mile End  
11-a-side Astroturf Pitch
- Vallance U11 –  
Sat, 10am – 11.30am Weavers  
Field
- Vallance U10 A & B–  
Sun, 10am – 11.30am Weavers  
Field

## Vallance FC – Player Profile



Name: Aqeel Ali  
Age: 13  
School attended: Oaklands  
Favourite football team: Liverpool  
Favourite player: Steven Gerrard  
Favourite subject at school: P.E.  
Favourite food: Pizza

1. What team do you play for? Vallance FC U14
2. What position do you play? Central Midfield
3. Do you like the training at Vallance? Yes
4. What do you want to do when you leave school? P.E. Teacher

## Players of the Month

February 2013



Under 7  
Eyoel Kassa



Under 8  
Yassin Uddin



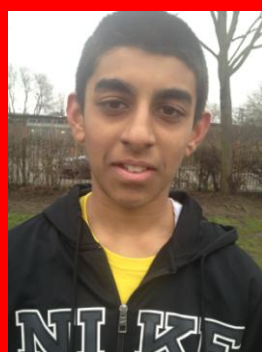
Under 9  
Maui Hoete



Under 10  
Hamzah Pasha



Under 12  
Naymur Rahman



Under 14  
Nahid Miah

## Jack Petchey Foundation Achievement

### Award

Nahid Miah has been awarded the **Jack Petchey Foundation Achievement Award** for February 2013 because of his hard work and commitment during the month.



## Half Term Sports Coaching

During the February 2013 half term holiday Vallance held a 2 day multi sports coaching session at Weavers Field. Around 60 young people attended over the 2 days. Medals and trophies were given out to young participants after the tournament on the last day. This project is in partnership with **Tower Hamlets Homes**.



Tower  
Hamlets  
Homes





# Young Mayor Gives Out Awards

On Saturday 16<sup>th</sup> February 2013 Mahdi Alam, the Young Mayor of Tower Hamlets along with his Deputy Tanvir Raza came to Weavers Field (*picture left*) to give out Player of the Month Awards to the young boys of Vallance FC at football training. Mahdi said "Me and Tanvir started playing football and training with Vallance FC at a very young age here at Weavers Field so it was my pleasure as one of my first duties as the Young Mayor of Tower Hamlets to come here and present these awards. I still have my certificate on my wall from my award in 2008 as a U12 player".



## New Kit for VFC U16

Vallance FC U16 who plays in the **Kent Youth League U16 North Division** is wearing their new kit which is sponsored by Milltec IT Distributors who have a branch in Bethnal Green and Mile End. The strip is in the traditional Vallance FC Red and Black and will be worn all season.



## Results

### Saturday 9<sup>th</sup> February 2013

#### *Middlesex County 1<sup>st</sup> Division*

Vallance FC – 3 Supreme Athletics – 3

#### *Tower Hamlets Youth League*

Vallance U14 – 5 Newark U14 – 0

Vallance U14 – 2 SOUL FC U14 – 5

### Saturday 16<sup>th</sup> February 2013

#### *Middlesex County 1<sup>st</sup> Division*

Vallance FC – 1 West End FC – 2

#### *Tower Hamlets Youth League*

Vallance U14 – 9 Bow Juniors U14 – 0

### Sunday 17<sup>th</sup> February 2013

#### *Kent Youth League U16 North Division*

Vallance U16 – 1 Erith & Belvedere U16 – 3

### Sunday 24<sup>th</sup> February 2013

#### *Kent Youth League U16 North Division*

Vallance U16 – 1 Cray Wanderers – 10

#### *East London & Essex Junior Football League*

Vallance U11 – 1 Pro Star U11 – 6

# Vallance CSA Funders & Sponsors



## Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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*The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.*