

Vallance Community Sports Association

NEWSLETTER by Mohamod Kibria Designed by Shamim Miah

VOLUME 9 – ISSUE 1 – 1st November 2015

FA Award for Hard Work

On the night of Wednesday 7th October 2015 at Wembley Stadium Vallance FC was announced as the **Regional FA Charter Standard Development Club Winners 2015**. They were competing with many clubs from all over the London Region that have the FA Charter Standard Development Club status. On winning this they are the first club from the London Borough of Tower Hamlets to achieve this.

Vallance FC project manager Junel Uddin was there to receive the award from Daniel Gayle of the London FA. Vallance chairperson Shuhel Ahmed said "We are very privileged to win this and be recognised by the FA (Football Association). It is the dedication and hard of all our coaches and volunteers. When we started in 1997 with just one senior team we had a vision to provide football for everyone at Tower Hamlets from young to old. We now coach football to over 800 people a year which also includes girls and people with a disability. Over the years we have trained over 400 volunteers in qualified football courses provided by the FA. Our aim is to make football fun and safe for everyone. We hope now we are a bench mark for other football clubs in Tower Hamlets to go and win this award".



CHARTER STANDARD
DEVELOPMENT CLUB



Specialist Taster Sessions

Vallance Community Sports Association in partnership with **The Core Project** is running Multi Sports sessions for people with disability and Mild Learning difficulties. This will take place every Wednesday from 1-30pm to 3pm at the Attlee Centre in Aldgate. The service users are aged 16 and over and will get a chance to take part in different sports both indoor and outdoor.



Teams Start With Mixed Results

Vallance FC senior team kicked off their season in the **East London Sunday Football League 1st Division** with a 4-0 home win at Victoria Park. The game was on Sunday 20th Sept 2015 and the opponents were Ainslee Wood FC. The VFC team is managed by Junel Uddin and train every Thursday evening at Mile End.

Vallance FC U11 started their 2nd season in the **East London & Essex Junior Football League** in the U11 division. They played East London Colts U11 and lost 2-0. All the games will be played at Newbury Park. This team will be managed by Iqbal Hussain.



Vallance FC senior



Vallance FC U11

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 <https://twitter.com/vallancefc>



LONDON YOUTH
QUALITY MARK

Silver Accredited Status

Vallance FC – Player profile



Name: MD Yousuf Uddin
Age: U9
Favourite football team: Liverpool FC
Favourite player: Cristiano Ronaldo
Favourite subject at school: Science

1. What team do you play for? Vallance FC U9
2. What position do you play? Right Wing
3. What Other Sport Do You Like? Cricket
4. What do you want to do after school? Become a Film Director

Players of the Month

September/October 2015



Under 7
Aniq Arafat



Under 9
Azman Hussain



Under 11
Zakaria Sibous



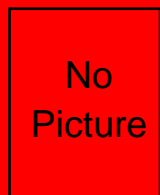
Under 8
Yusuf Ahmed



Under 10
Yusuf Mahmud



Under 14
Minhaj Ahmed



No
Picture
Under 8
Yaqub Hussain
Khan



Under 11
Zain Uddin



Under 16
Abdul Yusuf

Jack Petchey Foundation Achievement

Award

Abdul Yusuf has been awarded the **Jack Petchey Foundation Achievement Award** for October 2015 because of his hard work and determination in training.



Awards Night at Troxy

On Monday 12th October 2015 Vallance FC players that competed in the **Bangladesh Football Association UK** (BFA) Summer League 2015 and the **Tower Hamlets Youth League** (THYL) 2014-15 were rewarded for either winning or finishing runners up in the league or cup. The night was also a showcase of other projects provided by the BFA. The event was held at the Troxy Banqueting Suite in Stepney.

List of Vallance FC Teams rewarded:

Vallance FC- BFA 2015 Summer League 2nd Division runners up

Vallance U14- THYL U14 Summer League runners up (Pictured Right)

Vallance U12- THYL U12 Summer League and Cup runners up)

Vallance U10- THYL U10 Summer League Cup winners

Vallance U8- THYL U10 Summer League Cup winners



THYL Starts for All

All the Vallance FC junior teams taking part in the **2015-16 Tower Hamlets Youth League** (THYL) started their games on Saturday 17th October 2015. Vallance U8 and the two U10 teams kicked off a week earlier and all play 5 a side football. The U12 team (Pictured Right) play 7 a side and finished the game with a 2-2 draw against Acorn U12. All these age groups are played at the Mile End astro pitches. The Vallance U16 team played their first game at Millwall Park and lost 3-1 to SOUL FC U16. This side mostly consist of U15 players.



Results

SUNDAY 4th October 2015

East London Sunday Football League 1st Division:

Vallance FC- 2 vs Castrillion-1

East London & Essex Junior Football League:

Vallance U14- 3 vs Elite Pro Sports- 2

Vallance U11- 3 vs Aldersbrook Blue-3

SUNDAY 11th October 2015

East London Sunday Football League 1st Division:

Vallance FC- 2 vs Ainslee Wood-1

East London & Essex Junior Football League:

Vallance U14- 2 vs Sporting Bengal- 2

Vallance U11- 3 vs Hackney Downs- 6

SUNDAY 18th October 2015

East London Sunday Football League 1st Division:

Vallance FC- 0 vs AC Nightingale- 1

East London & Essex Junior Football League:

Vallance U14- 9 vs Asianos U14- 0

Vallance U11- 10 vs Wapping Warriors U11- 1

SUNDAY 25th October 2015

East London Sunday Football League 1st Division:

Vallance FC- 0 vs Athletico Bow-3

East London & Essex Junior Football League:

Vallance U14- 6 vs Clissord Rangers U14-2

Vallance U11- 7 vs Eclipse U11-2

Volunteers Wanted

Are you aged **16-25** and not in **education or working?**

You can now get involved with Vallance and take part in their programmes as a volunteer. There are roles from football coaching to administration. As a volunteer you will be sent on training courses and reimbursed for your expenses.

For details and to book a place please contact Junel Uddin:
info@vallancecsa.org.uk



Vallance CSA

Funders & Sponsors



**CANARY WHARF
CONTRACTORS FUND**



Aims and Objectives of VCSA

A service to youths between the age of 8-25, in Bethnal Green and surrounding areas of Tower Hamlets.

Creating a team spirit and identity, to foster healthy competition rather than hostility and violence

Promote and celebrate diversity, harmony and co-operation amongst communities regardless of race, creed, gender etc and foster and encourage shared interest and goals

Promote healthy living through dieting, regular physical training and abstention from substance abuse to improve and maximize overall health

To widen young peoples horizons by helping them to develop skills, talents and to compete in the widest forum possible

To create a physically stimulating environment, which will channel energy and relieve stress and enable young people to bridge the gaps between peer groups from different areas

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The views expressed in this newsletter are those solely of the VCSA staff team and not necessarily of those of the VCSA trustees and its funders.